

An Exploration into Meditation

A gathering in July 2013,
in Burgundy, France
(English language with French translation)



In July 2013 a small group of friends is meeting at La Maison, a retreat centre in France, to inquire deeply into the question of meditation. If you are similarly concerned with understanding this essential expression of life, you are warmly invited to join us.

We do not start by assuming that we know what meditation is, or indeed if it is part of knowledge at all. But we share certain perceptions of what meditation is not. We are not concerned with any sort of practice. We do not accept that meditation can be learnt from the instruction of another. We put aside all sense of authority in our inquiry.

We intend to explore the issue not just in dialogue together, but by living together, sharing together, - sharing work, sharing learning, sharing insight, sharing stillness. The precise structure of the 6 days can be arrived at together on the first day.

A quote from J Krishnamurti:

***“ Thought shattering itself against its own nothingness
is the explosion of meditation ”***

- Dates:** Tuesday 9th – Sunday 14th July 2013
(people may attend for a lesser period)
- Venue:** La Maison Krishnamurti Retreat Centre, Beaumont La Ferriere,
Burgundy, France: see: <http://www.english.lamaison.centrekrishnamurti.fr/>
- Contact:** lamaison.krishnamurticentre@gmail.com
- Costs:** 45 euros/night for a shared double room (ie calculated for 5 nights, so
225 euros complete, or 55 euros/night for a lesser stay)