

# Bhagavad Gita

## The Bhagavad Gita

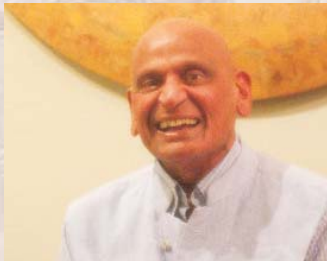
The yoga taught in the Bhagavad Gita is aimed at fulfilling *dharma*, that is to say 'responsibility for the maintenance of order,' at all levels — within oneself, in the family, in society, on this planet and in the cosmos. There is much attention given to right action, sacred knowledge and love in this book, perhaps the single most important text to originate from India.

The program offers a unique opportunity to explore this text, an example of ancient wisdom in a modern interactive way, connecting eastern and western philosophy. The program consists of a seminar followed by a retreat. Participants can decide to register for one of the parts or join both.

The weekend seminar mainly consists of lectures on the Bhagavad Gita. During the week days the nature of the seminar changes from lectures to a **retreat**. After the morning lecture a meditative exploration may lead to a deeper understanding of some major shlokas.

## The speaker

**Ravi Ravindra, PhD** is a inspiring spiritual teacher, scholar, and leading international speaker on religion, science, and spirituality. A native of India, he emigrated to Canada and is Professor Emeritus at Dalhousie University, in Halifax, where he served as a professor in three Departments: Comparative Religion, Philosophy, and Physics. He is the author



of fourteen books on religion, science, mysticism, and spirituality. Ravi Ravindra's spiritual search has led him to the teachings of J. Krishnamurti, G.I. Gurdjieff, Zen, Yoga and to a deep immersion in the mystical teachings of the Indian and Christian traditions.

## Program Seminar

**Friday June 14** arrival and registration

15.00 Introduction to the Bhagavad Gita

17.00 Dharma, Devas and Yajña in the Bhagavad Gita

**Saturday June 15**

9.30 Definitions of Yoga in the Bhagavad Gita

11.30 Karma Yoga and the Law of Karma

15.00 Love in the Bhagavad Gita

17.00 Jñāna and Dhyana in the Bhagavad Gita

20.30 "Mahabharata"; part of Peter Brook's Video

**Sunday June 16**

9.30 Buddhi Yoga is the main yoga taught by Krishna

11.30 Life Lessons from the Bhagavad Gita

15.00 Concluding Session, followed by departure

17.00 Arrival and registration participants retreat

## Program Retreat

**Monday June 17 till Thursday 20**

7.30 Optional Hatha Yoga

8.15 Meditation

9.30 Lecture

10.30 Introduction to one shloka, followed by self-study

12.30 Sharing of the understandings of the shloka

15.00 Introduction to one shloka, followed by self-study

17.00 Sharing of the understandings of the shloka

17.30 Walking meditation

**Thursday June 20**

14:30-16:30 Concluding session

16:30 Tea and departures

## The International Theosophical Centre

Any stay at the Center is meant to promote quietness of mind, peace and a harmonious life. Therefore smoking or using drugs on the estate is not allowed; furthermore only vegetarian food and non-alcoholic beverages may be consumed.

## Registration

Please note that the number of places is limited. We therefore use the following registration procedure:

- **Registration** will only be made final after payment of € 100.
- **Reduction** of € 20 for the seminar and € 25 for the retreat when payment is received in full before 1<sup>st</sup> of June.
- Payment minus € 50 will be refunded if the registration is cancelled before 1<sup>st</sup> of June.
- **Registrations will be confirmed.**
- **For information** call 00 31 (0)35 5417118.
- **Day visitors** are welcome and do not have to register. Fee: € 20 for TS members and € 30 for non-TS members. For day visitors soup will be provided. Please bring your own sandwiches.

**Please send the registration form to:**

International Theosophical Centre  
Events Administration  
Valkeveenselaan 19, 1411 GT Naarden  
The Netherlands

Email: [activities@itc-naarden.org](mailto:activities@itc-naarden.org)

The registration form can also be downloaded from the website: [www.itc-naarden.org](http://www.itc-naarden.org).

## REGISTRATION

### Registration form for the Seminar and/or Retreat

(prices per person; please encircle what is applicable)

Name: . . . . .

First name: . . . . . M/F

Address: . . . . .

Postal Code: . . . . .

City: . . . . .

Country: . . . . .

Email address: . . . . .

T.S. member : yes / no

Name of person for sharing room . . . . .

Remarks / Diet requests:

. . . . .

### A. Registration fee: Seminar Retreat

| - TS-member                                 | € 80  | €115  |
|---------------------------------------------|-------|-------|
| - Non-member                                | €110  | €160  |
| - Reduction if paid by June 1 <sup>st</sup> | € -20 | € -25 |

### B. Vegetarian meals

including beverages € 50 €100

### C. Lodging

|                               |       |      |
|-------------------------------|-------|------|
| - Crystal Hse single room     | € 70  | €115 |
| - Crystal Hse 2 pers. room    | € 54  | € 90 |
| - Arundale Hse 2 pers. rm     | € 44  | € 75 |
| - Log cabin                   | € 60  | €100 |
| - Reduction Seminar + Retreat | € -25 |      |
| (In case of lodging for both) |       |      |

- Camping € 20 € 50

Total amount Seminar + Retreat € . . .

### Payment:

Stichting St. Michael AC

Bank account number 132937093, Rabobank

Foreign: IBAN NL92RABO 0132937093

BIC/SWIFT: RABONL2U

Please mention: Seminar 2013

## Lodging facilities

The ITC has the following lodging facilities:

- **Arundale House** offers basic lodging; 9 bedrooms, each with two beds, shared showers and toilet blocks.
- **Crystal House** offers 20 bedrooms; 10 single person and 10 two person bedrooms each with own bathroom.
- **Log cabins:** individual cabins for 2 persons with own bathroom.
- **Camping;** bring your own tent etc.

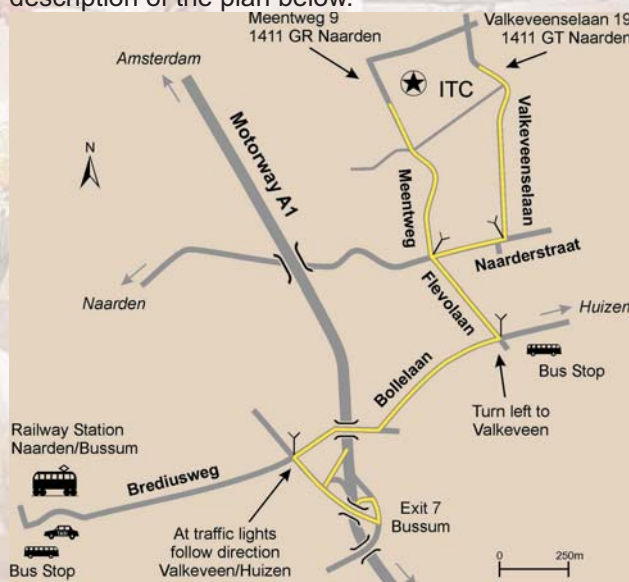
## Route description

The ITC is located approx. 20 km east of Amsterdam, close to the old city of Naarden. Entrance for the activities: Meentweg 9, NL-1411 GR Naarden.

**By Plane:** Fly into Schiphol airport, Amsterdam. The railway station is under the airport. Buy a ticket to station Naarden/Bussum.

**By train:** Buy a ticket to station Naarden/Bussum. Go by regular taxi to ITC (see plan) or by bus (Regioliner 100; from bus stop Flevolaan it is a 20 minute walk). You can also hire a bicycle at the station.

**By car:** Take exit Bussum/Naarden off Motor way A1 between Amsterdam and Amersfoort. Then follow the description of the plan below.



# BHAGAVAD GITA

Seminar and Retreat 14 – 20 June 2013

With Ravi Ravindra

Seminar 14 through 16 June 2013

Retreat 17 through 20 June 2013



Organized by  
the International Theosophical Centre  
with Theosophical Society in the Netherlands

Location: Besant Hall, Meentweg 9  
1411 GR Naarden, The Netherlands

([www.itc-naarden.org](http://www.itc-naarden.org))